

Firsway Health Centre

Travel advice and vaccinations

The first and most important thing about travelling overseas is to contact the practice **at least two months** before you plan to travel to discuss what vaccinations you may need. The reason for this is that some vaccines are given over the course of a month and may need time to become fully effective.

Patients should complete a travel questionnaire available from our website (www.firswayhealthcentre.co.uk) or from reception. Please complete one for each person travelling. Fill in the form with as much information as you can, but don't delay sending it in if there is information you don't have. Please return the form by post or in person. One of our practice nurses will review your form and you should contact the practice for advice on what to do next after 10 days of submitting your form. One of the Practice nurses will review the form(s) you have sent in, and consider what vaccination(s) are recommended. You can also find out which vaccinations are necessary or recommended for the areas you'll be visiting on these websites:

- [Travel Health Pro](#)
- [NHS Fit for Travel](#)

When you contact the practice, you will be able to make an appointment with the nurse who will give you advice relevant to your areas of travel and will administer any NHS vaccines that you require. They will also advise you about any further vaccines you may need and where you can obtain these. Please note that not all vaccines are available on the NHS. The vaccines that are available on the NHS are:

- polio (given as a combined diphtheria/tetanus/polio vaccine)
- typhoid
- hepatitis A
- cholera

Any other vaccines you may require including anti-malaria medication will need to be obtained from a private travel clinic. Example of clinics that are available in the local area are as follows (please note that this is not an exhaustive list and Firsway Health Centre does not endorse any private provider, the information below is given to assist patients – other providers are available):

Boots Trafford Centre

Book appointment online

https://www.boots.com/health-pharmacy-advice/vaccinations/travel-vaccination-health-advice-service?&cm_mmc=bmm- -Google+Boots+Travel+Vaccinations- -BG%7CTravel+Vaccinations%7CBMM- -Boots+Clinics&gclid=EAlaIqobChMlyKuy7v3-4AIVxNmyCh2D0gBEEAAYASAAEgIaE D BwE&gclsrc=aw.ds

Superdrug – Manchester Piccadilly

0330 037 0563 / Book appointments online

https://healthclinics.superdrug.com/?infinity=ict2~net~gaw~ar~331797074793~kw~%2Bsuperdrug%20%2Btravel%20%2Bclinics~mt~b~cmp~Superdrug+Health+Clinics-UK-B-BMM-Eng-DT-SE-Travel+Clinic-XX~ag~Superdrug+Travel+Clinics&gclid=EAlaIqobChMI_cGrr_7-4AIVDuWaCh3KXQCuEAAYASAAEgJF6 D BwE&gclsrc=aw.ds

Manchester Nomad Travel Clinic & Travel Store

01341 555061 / Book appointment online

<https://www.nomadtravel.co.uk/travel-clinic?gclid=EAlaIqobChMI4-mqzP7-4AIV1UkYCh1nawRpEAAYAyAAEgJnePD BwE>

Manchester - Pall Mall Medical

0330 058 4455 / Book appointment online

<https://www.pallmallmedical.co.uk/vaccinations>